

# 3085 FIREFIGHTER SAFETY AND SURVIVAL

## Objective

This course was developed to teach firefighters how to save their own lives by reviewing situations and conditions which may pose a risk to firefighters and by teaching firefighters how to help themselves in emergency conditions.

## Prerequisites

- Trained to Firefighter I
- Must be physically fit

## Target Group

- Firefighters doing structural firefighting
- Training officers

## Methodology

Classroom instruction and practical exercises.

## Content

- Course requirements and objectives
- Prevention
- Fire behavior
- Size up
- Training
- Communications
- Tactics
- “Mayday” situations
- Firefighter fatalities
- Reasons firefighters get into trouble
- Building construction
- Not expecting the unexpected
- Fire ground control
- Accountability
- “Mayday” procedures
- 9 self rescue techniques

## Certification

A certificate of attendance shall be issued upon successful completion of the course.

## Enrollment

Minimum 10 students  
Maximum 20 students

## Duration

2 days (one weekend)

## Location

Nova Scotia Firefighters School or other suitable location.

## Note

The recommended manual for this course is [Fire Fighting Strategy and Tactics](#).